

# COSMOPOLITAN

## 12 KINKY QUICKIES

Grab Him and Get It On!

## BEST BEAUTY TRICKS

From Around the World

+ The Workout That Makes You Better at Sex

# the SEXY POWER ISSUE

Get What You Want  
**IN BED  
AT WORK  
IN LIFE!**

The Secret Calorie Bomb: Are You Eating It?

EXCLUSIVE ACCESS!  
**jennifer lopez**

On Why She Will *Not* Be Ignored

THE SCARY THING  
**90%**  
OF MEN FANTASIZE ABOUT

THE AMBITION GAP  
When Your Dreams Are Bigger Than His  
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# 19 Things to Do This Month

*Outside the Bedroom*

## ▼ 1. BINGE LISTEN

to Ariana Grande's debut album *Yours Truly*, a '90s-inspired instaclassic. Download "Piano" and try not to hear shades of Mariah.



▲ 2. LEARN YOUR ABC'S from A-cups to zombies with *The Book of Jezebel*, the ultimate encyclopedia to being a girl in today's world.

► 3. LONG LIVE the royally out-there designs from the likes of McQueen and Gucci at "A Queen Within: Adorned Archetypes, Fashion, and Chess" opening October 19 at the World Chess Hall of Fame, in Saint Louis, Missouri.



4. **BURN ONE DOWN**  
Nest's limited-edition Passion candle (a sweet mix of roses and peonies) supports the girls in your life—10 percent of the proceeds from each candle sold goes to Evelyn Lauder's Breast Cancer Research Foundation.

*Better than flowers.*



## ► 5. BRUSH UP ON YOUR SEX ED

Showtime's new *Masters of Sex* stars Lizzy Caplan and Michael Sheen as '60s study (and then some) buddies Virginia Johnson and William Masters (see what they did there?), the real-life pioneers of modern sex research.



## ▲ 6. GET SPOOKED

from word one of Cosmo editor-at-large John Searles' *Help for the Haunted*. In the whodunit thriller, 15-year-old Sylvie Mason sets out to discover who killed her parents, only to find that her own sister is the prime suspect. Trust no one.

## 7. GO ON A VAMP BENDER

on October 3, when *The Vampire Diaries* returns for its fifth season followed by the premiere of TVD spin-off *The Originals*. That Thursday night belongs to the bloodsuckers.



## ▲ 8. MOUTH OFF

with Violent Lips' Game Day collection. The temporary appliquéés in 12 top sports teams' colors make the perfect exclamation point to your "Woos!" and "Aws."

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